



WHY IS MULTIPLE MYELOMA TWICE AS IMPORTANT TO AFRICAN AMERICANS?

Multiple myeloma is a blood disease and African Americans are at increased risk. It can occur at any age, but typically around 60 years and older.

Symptoms can be mistaken for “just getting older”. They include:

- Back pain
- Weakness and tiredness
- Frequent urination and constipation

If you have any symptoms, don't ignore them – go see your doctor

Like any cancer, catching it early is the best approach. If you have the disease, your doctor can advise you about treatments, including new clinical trials.

Cancer.gov/myeloma 1-800-4-CANCER